Recently the School Captains and Vice Captains along with Year 12 Co-ordinators Miss Habermann and Mr McDonald were invited by State Member for Lockyer, Mr Ian Rickuss MLA, to tour Parliament House in Brisbane. Mr Rickuss proved a very knowledgeable tour guide. We were shown to exclusive areas in the building and introduced to various politicians roaming the corridors, including the Premier himself. Miss Habermann was given the pleasure of sitting in a chair which would normally be reserved for the Queen on the occasion of a royal visit.

For dinner we were treated to a three course meal in the normally politician-only restaurant called ‘Strangers’ diner. Many topics and issues were discussed over our meal and it was greatly valued to have the insights of an experienced leader to validate our views and gain leadership ideas.

The trip was one that we as captains will remember for a long time. We will value the privilege we had to mingle with other and more experienced leaders and the V.I.P. access we were granted to discover parliament house. We will also remember the opportunity we had to represent our school in this capacity.

Jordan Dorr
Vice Captain

Have a safe and happy mid-year break and we look forward to our students returning for Term 3 on Monday 8 July, 2013.

If you are travelling please take care.

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**COMING EVENTS**

**JUNE**

- **Tuesday 18**: Year 9 Movie Excursion
- **Wednesday 19**: Year 12 QCS Preparation
- **Thursday 20**: Year 12 QCS Practise Test
- **Friday 21**: Year 8 Movie Night
- **Tuesday 21**: Last day of Term 2

**JULY**

- **Monday 8**: Term 4 commences
- **Tuesday 16**: Goma Excursion Senior Art
- **Wednesday 17**: Lads and Dads Breakfast
- **Tuesday 23-31**: Ageo Japanese Students
- **Wednesday 24-26**: School Musical
- **Wednesday 31**: School Athletics Carnival
Welcome to the June edition of Lockyerlife. Thank you for taking the time to read this edition, as we believe that our newsletter forms an important part of home school communication.

This will be the final time that I write to you as Acting Principal – Lockyer District High School after more than 2 years in the role.

Since Easter 2011 the school has gone through many highs and lows. It is easy to think of the lows, from the sad loss of our Guidance Officer, Gary Quinn, the 2011 floods, serious incidents of vandalism and damage to the school, to the day-to-day and on-going sadness felt by families as part of life.

I prefer, however, to think of the progress we have made as a school and school community. Recognition of academic excellence through the work of a very dedicated Academic Excellence Committee, 200% increase in School-based Apprenticeships and Traineeships, many changing the lives of students involved. Significant improvements to the way we use student data to support learning, massive changes to the way I.T is used in the school and increased options for students who are at risk of disengagement to achieve success. An increased attendance rate and increased academic outcomes across the school have led to a significantly improved School Opinion Survey result in 2012.

It is what we have to look forward to which is the most exciting. I think that the last two-and-a-quarter years have set us up for significant changes to Junior Secondary and the Year 7s coming in 2015. The creation of a $3.5 million building to create a Junior Secondary precinct, great relationships with Primary School Partners and parents. Improved learning outcomes from our 2013 Year 12s, a 2013 school musical, Ageo City Japanese visit as well as on-going sporting, cultural and community leadership and participation.

Thanks to the staff, parents and students who have supported my Acting Principalship, particularly Mrs Englart who has been the only Deputy Principal consistently in the role over the past 2 years. Thanks to the HODs, teachers and support staff. Thanks to P&C Presidents Meagan Star and James Poole for their fine work.

A reminder that P&C meets Monday 17 June 7pm at the school. Discussion point will be the continued support of Chaplaincy at Lockyer.

I look forward to the start of Semester 2 and the welcomed return of Andrew Pierpoint as Principal and my return to Deputy Principal at Lockyer.

I remain very proud of the students and staff at Lockyer. Together we have a good school, the school of choice in the Lockyer Valley. Let’s all work together to continue to improve in everything we do.

If our school can assist you in any way, please contact us. You can follow me on Twitter @Principal_LDHS or copy the link https://twitter.com/#!/Principal_LDHS

Darren

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International Men’s Health Week – 10 – 16th June

The biggest threat to men’s health can often be prevented. It is very important to learn about and have an awareness of your body from a young age. Now is the time to get serious about reducing your risk.

Prevent the Top 8 Male Health Threats.

Motor Vehicle Accidents
Cancer
Violence
Stroke
Type 2 Diabetes
Chronic lower respiratory disease
Heart disease
Suicide

Understanding health risks is one thing. Taking action to reduce your risk is another. You may think you are young and it doesn’t concern you. Remember you only have one life. Start with healthy lifestyle choices — eating a healthy diet, staying physically active, quitting smoking, getting regular check ups, and taking precautions in your daily activities. If any of these issues concern you please talk to a trusted adult, your family doctor or school supports services. Should you need further information or support please contact your School Health Nurse.

(This information was taken from the www.mayoclinic.com/health/mens-health/MC00013 website on Men’s Health.)

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During Term 2 the Lockyer District High school concert band was given the chance to perform a repertoire of songs throughout the duration of the day at Sea World as part of the business launch of the local business Paradise Nutrients. The band members played to open the ceremony then again at lunchtime to entertain those eating the delicious Asian cuisine being served and finally the last recital to conclude the event. When the band wasn’t performing members had free access to the theme park where they could go to check out the penguins, seals and dolphins or if they were game enough feed the sting rays. It was a day filled with high spirits, fun, laughter and plenty of music.

A huge thanks goes out to the Ellem family for the fantastic time and effort they put into feeding the sting rays. It was a day filled with high spirits, fun, laughter and plenty of music.

A huge thanks goes out to the Ellem family for supporting the school community and giving us the opportunity to showcase our talent, as well as providing food and access to the theme park. We all appreciated everything and wish you well on your future business endeavours. We would also like to thank and acknowledge the High School Band’s teacher Mr Warren Dorr for the fantastic time and effort he continues to put into the school band and teaching the students so that they are able to attend events such as this. We really do appreciate his efforts in making our time at school that little bit more exciting and facilitating trips such as this to give us opportunity to exhibit our talent and enthusiasm within the Arts.

Jessica Heath and Angelique Asselin
Members of School Band
On the last days of the school holidays, the National Tree Day Lockyer Youth Committee went on its first camp to the Bunya Mountains.

We agreed to meet at McDonald’s Gatton and waited there for everyone to arrive before we went inside for a fantastic free breakfast, courtesy of McDonald’s. After everyone had eaten breakfast and refuelled at Shell we got into the cars and made our way to the Bunya Mountains. After a two to three hour scenic drive, we were finally there! The first things that we did were set up our tents and unload the cars. For our horse and carriage ride Peter divided us into two groups. We rode on an amazing red cart pulled by two friendly Clydesdales and after enjoyed the wonderful sunset tour. We all went back to camp where we helped make dinner. After everyone had dinner we told scary tales of days gone by around the camp fire, we burnt some marshmallows and then went to bed.

On Saturday we woke up and headed off for our bush walk. The bush walk went for 3-4 hours (10km). The walk was wonderful, with everyone having a chance to experience the amazing huge trees and wildlife. It reminded me of the forest in the Twilight movies. When the walk was finished we all went to the tables in front of the cafe and had lunch. After lunch, some people chose to go back to camp, others stayed and did bird feeding, which was an exciting experience, with lots of colourful and cheeky parrots to enjoy. When the rest of the campers came back we had a delicious tea. Most people joined into a game of Chinese Whispers and Charades, which made us laugh so hard we cried!

Another day had come to an end.

On Sunday we packed up, had breakfast and loaded up the cars. Then we were off! Overall the camp was excellent, and a huge thanks to organisers NTDL Youth President Stella Echentille, Peter O’Brien and to camp sponsors McDonald’s Family Restaurants, Planet Ark, Shell Gatton, Sutton Farms and Gatton Bakehouse and Chicken Bar for an amazing first NTDL camp.

Dates to remember:
- McHappy Day 22nd June
- School visits start 16th July - 26th July
- Awards night 30th August

National Tree Day Events already held during this year:
- Clean Up Australia Day
- Relay For Life Lawn Bowls
- NTDL Youth Leaders Camp Bunya Mountains

By Louisa Webster
Vice President NTDLY
Year 9 Student

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Tickets on sale from Monday 17 June from Admin

Come along and support Chaplaincy at our school

What: Sausage Sizzle
When: 29th June 2013
Where: ALDI Gatton
Year 10 Business Ventures

On the 21st of May the Year 10 Business students had their first run of their business ventures which they had been working hard all term to prepare. Fairy Floss, Sausage on Bread, Lollies, Pizza and Nachos were sold. What more could the students of Lockyer District High School ask for? There was no better day thanks to the chilly weather in Gatton to serve a variety of hot food. With some of the stalls becoming sold out only in the first break, the Business students would have made their teacher, Mrs Roehm, very proud.

Semester 1, Year 9 Shop A

My three classes of Year 9 Shop A students have been go, go, go this semester with 4 projects and 4 workbooks being successfully completed.

We started with workbook 1 and our timber Pencil Case project which everyone enjoyed. Students particularly enjoyed the design component as this gave the students the opportunity to personalise their pencil case. During this project we investigated many things such as workshop safety, dovetail joints and assigned crews to workbenches and crew members to set daily tasks.

Our second project was the timber serving tray and workbook 2. Students were taught a new joint called the housing joint. This project was challenging for students to manage their time as it had two design components: the handles and the base. There were some very impressive final designs!

For our third project we started working with acrylic and each student manufactured an acrylic cake slice to set specifications. We also completed workbook 3. Evaluation and reflection of our projects are starting to become second nature to us now. At the end of the project we had fun checking that the blades of the slice actually worked by cutting up a few cakes! Yum!

Our fourth project will be completed soon. We are currently working on our acrylic scoops and workbook 4. After four projects requiring specification drawings, all three classes are familiar with specification drawings and improving their accuracy with each one.

Next term we will be working with balsa wood; designing, manufacturing and spray painting our C0 Dragsters and completing workbook 5. Once they are completed we will be racing them in the hall and the fastest C0 Dragster from each class will win a trophy!

I am very impressed with all three classes. They have improved their production skills, time management, safety awareness, teamwork, evaluation of their projects and reflection of their work and actions all in one semester. Almost all of the 70 students are meeting my workshop expectations of Respect, Responsibility, Learning and Safety! Brilliant effort year 9's!

Mrs Abraham
Teacher
9 Graphics – 2D project

“This semester the Year 9 graphics class started a 2D signage project that gave us the experience of what it is like to work with a customer, designing within a criteria and marking out and painting the actual building’s lettering.” Lachlan Donohoe

“It was to help newcomers see where the blocks were and help them get around the school.” Clayton Rack

“You may have noticed the letters being painted around the school, this was us! I had lots of fun with this project and I can’t wait to get started on the next 3D one.” Peta Keller

“The students consulted with the schools Deputy Principal Ms Englart and she gladly accepted their ideas to make up new letters for the buildings with a few of her ideas as well.” Simon Lester

“Our customer requirements were that all the letting be bold, capitals and the same font.” Bayhli Hadley

“First we had to embark on the design process by drawing our own letters on which we thought would be the best around the school.” Isaac Elliot

“After many thumbnail sketches and rough sketches we then created a final drawing.” Jeffery Palmer

“We all voted on a bunch of different letter styles and everyone agreed on an American College letter style.” Tom Struthers

“We were split into groups of three to four then started to research appropriate locations so the letters would be easily visible.” Ben Boughen

We each had to do a final drawing of our designated blocks; our team had to do L and M blocks. Mitch Evans

“We also had to figure out a scale to use. The scale that was used was 1:4.” Jon Dionysius

“After the marking out was complete we underwent the painting. We started with each corner using a signwriting brush and after this was done we used normal brushes to complete the inside, two coats of paint were used in this process.” James Eagle

My team and I had a great time working together to complete the sign writing on the walls of O-Block and AG-Block.” Nick Schulz

“After a few lessons and during lunch breaks we had finally finished painting and the final product was better than what we thought.” Bradley Van Drie

“This project was loads of fun and turned out to be a success. The project taught me how to design letter styles, consult a customer, mark out and paint a specific letter style on a real life job.” Jakob Dallinger

“It was time consuming but it was fun and I learnt a lot about graphics, painting and measuring.” Tom Smith

“The project was time consuming, challenging, but really fun and a new experience for all of us. We couldn’t have done it without our awesome teacher Mrs Abraham to help us along.” Tim Amos

“We even had teachers comment on us; on how great we were at marking and painting the 2D letters!” Tyler Kennedy

Linda Abraham
Teacher

GEOGRAPHY AWARD

Congratulations to Lachlan Evans (Year 11) who was awarded a Distinction for his efforts in the 2013 Australian Geography Competition run annually by The Royal Geographical Society. Year 11 and 12 Geography students participated along with 7500 across Australia of which only 10% received a Distinction.

Mrs Taylor
HOD Social Science
Week 6 saw a group of Year 8-10 students compete in the annual Science and Engineering Challenge. Some of the events competed in included building a hover craft, designing a space buggy and constructing an earthquake ready building.

Our students competed very well against 7 other schools placing third overall for the competition. Additionally one of our groups which consisted of Edwin Wright, Damien Lefebure and Mitchel Evans won their challenge outright.

All of our students did exceptionally well in representing the school.

Mr Markham and Mr Hallas

Lockyer’s year 11 Physics program took 18 Year 11 students and 10 Year 10 students to Dreamworld in week 6. The day offered hands on experience for the students who are studying theme park rides. The Year 11 students will now use their experience and their findings to design their own theme park ride as a part of the assignment this term. The Year 10 students were given an insight to the physics program offered at Lockyer for next year and able to see how fun physics can be outside of the classroom. The group represented our school very well and the day was a lot of fun.

Mr Markham and Mrs O’Keeffe

Recently, a group of students from our SEP program at Lockyer participated in the Darling Downs tryouts for Cross Country. They applied themselves well, each of them taking out a position within their age group and classification. Each of the four students have been selected to represent the region up in Bundaberg next term. They have been training and will seek to better their personal best times. We wish them the best of luck.

Mr Cowan

Pictured: Meg Englart (Deputy Principal), Karly Staatz, Nathan Ellem, Rene Gear-Brown, Aaron Low, Esta Ryan (HOSES)
Over the past month we have hosted a number of events where Junior Secondary has been at the core.

Many interested parents and enthusiastic students attended our Open Evening in late May, where they were able to explore the wide range of subject offerings and chat to staff from each learning area. The displays showcased the exceptional work that our current Junior Secondary students have been involved in. Following this, information regarding our current progress around Junior Secondary, Flying Start (Year 7 into Secondary from 2015) and primary-secondary transition was provided to prospective parents and students, and parents and students had opportunities to provide input into each of these.

The following week, a number of staff from our cluster primary schools met with our transition team to establish a common understanding around the purpose of our transition process and discuss how transition will be best executed this year to cater to the needs of the current year seven students. This was a very productive afternoon that will ensure our prospective students develop an understanding of secondary school and a sense of connectedness so that they will thrive at LDHS from their very first day here.

If you are keen to be involved in further consultation regarding Junior Secondary, Flying Start or transition, please convey your interest by emailing Mandy Staines (Acting HOD of Junior Secondary) at mstai9@eq.edu.au.

Japanese Visit

An opportunity still exists to host a Japanese student during their visit to our school from Tuesday 23 July until Wednesday 31 July 2013.

Please contact Denise Harris or the office if you are able to help.

2013 Somerset Rail Trail Fun Run

It’s that time of year again, where Somerset Regional Council are asking all community members, friends and families to jump on board the 2013 Somerset Rail Trail Fun Run being held on Sunday, 14th July 2013.

The 2013 Somerset Rail Trail Fun Run will start in Lowood and finish in Fernvale, with participants having the choice of two distances, 3km or 8.3km. Prizes for most categories including best fancy dress costume/s. There will be entertainment and community stalls making it a great morning out for all ages.

Early bird registration to go into the draw to win a Tandem Skydive at Ramblers Parachute Centre. Free Rail Trail Fun Run Cap to the first 1000 entrants. Register online at www.railtrailfunrun.com.au

For further details contact Scott Aurisch / Liz Hare at Somerset Regional Council on 5424 4000

Physical Education

DD Cross Country:

On 28th May, 18 Lockyer District High School students travelled to the Kearney Springs Complex in Toowoomba to participate in the regional Cross Country Championships. Distances covered varied from 3km to 8km for 18 year boys. Our students gave an excellent account of themselves and four students were selected in the DD AWD Cross Country team. They are:

- Karly Staatz
- Rene Gear-Brown
- Aaron Low
- Nathan Ellem

Top 20 performances:

- Rebecca Kenny: 8th Open Girls
- Jack White: 12th 17yrs Boys
- Patrick McCarthy: 19th 15 Boys
- Samantha Brown: 20th 15 Girls

Qld Schools Table Tennis Championships:

On the 21st May, six keen table tennis players travelled to Brisbane to compete in the Qld Schools Table Tennis championships. They were led by Ross Hooper, who in Year 9 has a very bright future in this sport. The boys played in teams of three and after a couple of rounds Ross Hooper, Ryan Muckert and Daniel Pollock found themselves playing against a team from Bundaberg for a place in the final. Unfortunately the boys couldn’t defeat this team, and ended up a creditable 3rd. The second team of Jason Weatherby, Matthew Olive and Mitchell Jones had some good wins but were slightly overwhelmed by the new environment. All boys gained invaluable experience and are already in training, ready to come back in 2014 and hopefully take out the championships.

LDHS Athletics Carnival: 31st July 2013

The annual Athletics carnival will be held during the 4th week in Term 3. The Mighty Manning Tigers are the reigning champions and will need plenty of team support to stop Kenny taking out all three 2013 carnivals. Every student has a chance to run 100m and throw a Javelin for their house. The top 2 for each event during the preliminary heats will nominate for each event during the 4th week of Term 2, a timetable of lunch time events will be put on notice boards in Week 1 and 2 of Term 3. Many events will be held during Week 1 and 2 of Term 3. Students will determine the top 2 for each event. Many events will be held in the lunch times and it is important that students who are selected for an event, turn up and compete. A timetable of lunch time events will be put on notice boards in Week 1 Term 3.

Maybe 2013 is the year where we see some extremely old records are finally broken.

- 1975: Joanne Evans: 15yr Girls 200m (Bec Kenny’s mum)
- 1975: Joanne Evans: 15 yr Girls Long Jump
- 1977: L.Ziser: 13 Girls 100m
- 1980: Gina Manning: 13 Girls 800m
- 1982: Brad Jamieson: 15yr Boys Long Jump

A full list of records will be on display when we get back from the break.

Ron Weatherby   HOD   Health and Physical Education
This month I am introducing the 'Stop Harassing Me Postcard'. The development of the postcard creates the next step used after a number of options have been tried. This will enable students and the school community to take a pro-active approach to cyberbullying. The postcard will inform the cyberbully in a safe way that the cyberbully messages they are receiving maybe illegal and that they want the messages to stop immediately.

Cyberbullying occurs when the internet, email or mobile phones are used to deliberately and repeatedly engage in hostile behaviour to harm someone.

If a student believes they have been cyber-bullied, they can approach the appointed school representative (usually a Deputy Principal) and show them the messages they have received. If the school representative deems these messages to meet the criteria for use, the student is offered the opportunity to complete a Postcard.

For information in relation to the postcard, come and see your School Based Police Officer.

Remember- STAND UP AND SPEAK OUT!

The University of Queensland's Parenting and Family Support Centre are currently running a research project aiming to evaluate the effectiveness of a brief online parenting program, Triple P Solutions is an adaptation of the successful Triple P- Positive Parenting Program, offering practical ideas and support for parents of 2-9 year old children.

The project is funded by the Australian Research Council and we are therefore able to offer participation in the program free of charge for 200 families.

We know that parenting programs are an effective way to increase parents' confidence in their parenting role, prevent and treat child behaviour problems and improve family relationships. However, many parents do not access these programs. Limited program availability, inflexible delivery options and the costs associated with program participation, both financial and time, present barriers for many parents. Those barriers can be particularly pronounced for families facing additional stress e.g. low income, single parenthood or ethnic minority status. In an attempt to make parenting programs more accessible for everyone, researchers from the University of Queensland has developed a brief parenting program that can be accessed online.

University of QLD would like to offer access to the program to parents of LDHS. This study is looking for parents who also have 2-9 year old children that have some concerns about their child's behaviour. Parents will be asked to complete some questionnaires to assist with the evaluation of the program. A percentage of parents will also be required to attend a play task at the University of Queensland in St Lucia, Brisbane. Detailed information about the program and the research requirements can be found here: https://exp.psy.uq.edu.au/solutions. If interested please contact

Project Coordinator: Mrs Sabine Baker
Parenting and Family Support Centre
School of Psychology
University of Queensland
Brisbane 4072

Phone: +61 7 3365 8870
Email: TriplePSolutions@psy.uq.edu.au

The first round of the talent show (15th and 16th May) has successfully been completed with the second round on the way. From singers to actors, musicians and gymnasts Lockyer really does have talent! The acts of the day included a gymnastic performance by Daniel Orman and Mitchell Jones, Natasha Garth performing a jaw dropping solo clarinet piece and Liam Taylor smashing it out on the guitar. Even the audience were getting involved as Eryn stunned the audience with her flawless voice at the last minute. From Year 8 to Year 12 everyone was getting involved. The finals and semi-finals are yet to come. A list of those who have made it to the semi-finals was out on the 25th of May. The funds from this event will be donated towards the musical "I'm Sorry the Bridge is out you'll have to Spend the Night". This musical will be produced by LDHS during the year.

A huge thank you to the Judges, Supervisors, Cultural Captains and Cultural Department teachers for their support so far. It has been a great success.

Jancita Ellem
Cultural Captain

In response to the many requests for Dr Rob Gordon to return to the Lockyer Valley to present his Wellbeing Information Sessions, we have secured him for Monday 24 & Tuesday 25 June 2013.

The Wellbeing Information Sessions on Monday 24 June 2013 will be held at Grantham State School at noon and at Mt Sylvia State School at 6pm.

The Wellbeing Information Session on Tuesday 25 June 2013 will be at St Patrick's Church Hall in Laidley at 6pm. The presentations will run for approximately two hours and an RSVP is necessary.

I strongly recommend and encourage people to attend at least one of the three presentations by Dr Gordon in the Lockyer Valley. The information that you will be presented with will assist you to understand wellbeing after a natural disaster and also in everyday real-life situations. Dr Gordon’s knowledge is very well respected and is in great demand across Australia and overseas.

These sessions are free to attend. For catering purposes please ask you to RSVP to CDEI@lvr.qld.gov.au by 12:00 noon Monday 24 June 2013. Due to the ending of the CDEI funding initiative on the 30 June 2013, this may be your last opportunity to hear Dr Gordon for sometime. You are encouraged to book early to secure your place. I hope to see you at one of the sessions.